



**Pregnancy Decision
Health Centers**

2023 ANNUAL REPORT

**Rescuing Lives and Impacting Generations,
One Heartbeat at a Time.**

OUR MISSION

Empowering individuals to make healthy life choices consistent with the God-given intrinsic value of every human life.



Mom Sierra and Baby Sawyer's PDHC Journey:

Like most of the women we serve, Sierra found herself in challenging circumstances facing an unexpected pregnancy. She felt scared, hopeless, and alone. Out of fear, she found herself in the abortion clinic, swallowing the abortion pill. With immediate regret, she began reaching out for help but was told there was no hope. Leaving the clinic parking lot very distraught, her eyes focused on a sign that read, "If you took the first pill, it's not too late, we can help," along with the hotline number for the Abortion Pill Rescue Network (APRN). That phone call changed the trajectory of her story.

Sierra was immediately connected to PDHC, the closest pregnancy center to her providing Abortion Pill Reversal (APR) Services. She drove two hours to our center and experienced pure joy when the ultrasound provided by our nurse showed a strong, healthy heartbeat. She was connected to our medical doctor to begin a successful reversal process. As Sierra continued with her prenatal care, PDHC continued to follow up with her making sure she had all the support she needed. Her beautiful daughter, Sawyer, was born in October - a perfect, happy, and healthy baby. Sierra is thankful for God's grace and mercy. "He didn't have to let me keep her," she said. She is sharing her story to educate and help others facing similar situations. Her story is not unusual. Chemical abortions via the abortion pill continue to rise, representing 87%* of abortions in Franklin County. APR services like those provided at PDHC become more critical, giving women like Sierra, a second chance to save their babies. At least one million lives will be lost to abortion this year in America. With the passing of Issue 1, we can expect many of Ohio's existing pro-life laws to be challenged this year through legislative and judicial action. We must all stand boldly and do our part to protect the sanctity of human life. Thank you for walking alongside this ministry to Rescue Lives and Impact families for Generations, One Heartbeat at a Time.

*Ohio Department of Health 2022

**Then I heard the voice
of the Lord saying,**

*"Whom shall I send?
And who will go for us?"*

And I said,

*"Here am I.
Send me!"*

Isaiah 6:8



Sawyer, born October 2023

OUR VISION

Impacting generations for Christ through a legacy of life.



“I came to Pregnancy Decision Health Centers after an unplanned pregnancy. I was very anxious and scared, but Nurse Kathy sat and talked with me for a couple of hours, and most importantly prayed with me. I had peace about the future and felt so cared for. Everyone continued to follow up with me throughout my pregnancy. Thank you for everything!”

PDHC Mom Alaina, Nurse Kathy, and Baby Girl Rome

Born December 12, 2023



PDHC received these accolades for sharing how we use donations, our goals and results.

PDHC's 2024 budgeted income need is \$2.7 million

6,837 VISITS TO OUR CENTERS

71,640



Calls, Texts, and Chats to our Crisis Hotline

823



Life Decisions

1,131



Life-Saving Ultrasounds

2,260



Material Aid Visits

6,124



Students Served

148



Abortion Recovery Participants

121,410



Diapers Distributed

12,365



Volunteer Hours

104



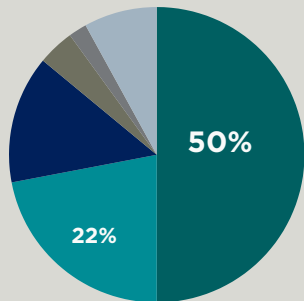
Church Partners

14,499



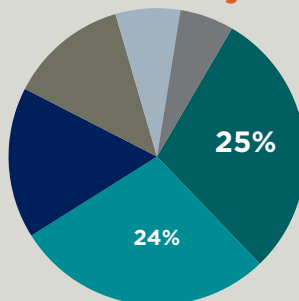
In-Person/Online Parenting Classes

Annual Income



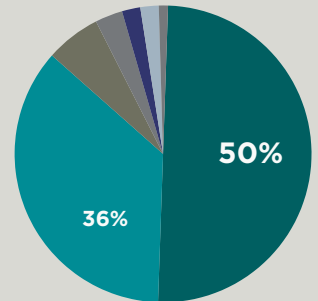
50% Less than \$15,000
22% \$15,000 - \$29,999
14% \$30,000 - \$44,999
4% \$45,000 - \$59,999
2% \$60,000
8% Not reported

Ethnicity



25% African American
24% Caucasian
15% African
14% Asian/Pacific Islander
11% Hispanic/Latin American
6% Other/Unknown
5% Multi-Racial
<1% East Indian

Marital Status



50% Single
36% Married
6% Engaged
3% Cohabiting
2% Separated
2% Divorced
1% Undefined



Pregnancy Support

Women facing unexpected or challenging pregnancies received help through our 24/7 crisis hotline, personalized consultations, pregnancy tests, ultrasounds, and community resources. In addition, more lives were saved through PDHC's Abortion Pill Reversal Services.



Family Empowerment

Moms and Dads were empowered through in-person and online parenting classes on topics such as: Pregnancy and Infant Care, Health and Wellness, Nurturing Moms, Car Seat Safety, Safe Sleep, and many others. Families received much needed baby items, including diapers, clothing, car seats, and Pack 'N Plays through material aid visits.



Abortion Recovery

Individuals struggling from a recent or past abortion experience received hope and healing through one-on-one and group sessions, drop in connection meetings, weekend retreats, and a 24/7 CareLine 614.721.2100

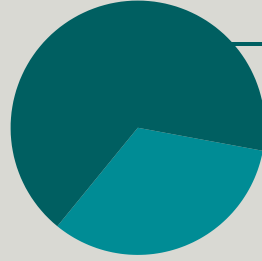


Youth Development

PDHC served middle and high school students in Franklin and Fairfield Counties with healthy choice education. Topics presented included Healthy Relationships, Substance Abuse, Achieving Life Goals, STIs, Character Building, Media Influence, Decision Making, and Teen Pregnancy.

PDHC has an average of 320 life touches each day through 4 components of life-saving work.

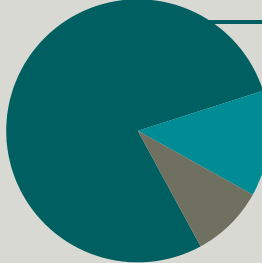
COMMUNITY GIVING 67%



Individuals
Churches and Bottles for Life Campaigns
Events
Other

Grant Revenue 33%

PROGRAM AND SERVICE EXPENSES 78%



Crisis Pregnancy Hotline
Pregnancy Centers
Family Empowerment Center
Youth Education
Abortion Recovery

Community Outreach and Development 13%
Management and Administrative Support 9%

Attend or Sponsor a 2024 Event

May 13th

Golf for LIFE - The Country Club at Muirfield Village

Sept 12th

Celebration for LIFE Gala - Lancaster - The Tree Church

Sept 19th

Celebration for LIFE Gala - Columbus - Villa Milano



“While going through a difficult choice, PDHC gave me the support I needed.”

Baby Boy David born December 23, 2023

Pray

Send your name and email address to Info@pdhc.org and ask to receive weekly prayer requests and monthly E-news. Follow us on Facebook @PDHCares or Instagram @PregnancyDecisionHealthCenters

Volunteer

Learn about the many ways to volunteer your time and talents with PDHC: SupportLifePDHC.org/get-involved

Give

To support the life-saving mission of PDHC go to: SupportLifePDHC.org/give



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SupportLifePDHC.org